



· TEACHER TRAINING ·
Sage Yoga
 & Wellness

Calendar of Modules, Retreats + Events

| Date | Subject | Presenter |
|--|---|--|
| 2017 200 Hour YTT Begins | | |
| Oct 20 – 22* | Meditation for Life | Dana Menlove |
| Nov 10 – 12* | Embodiment of Asana + Pranayama | Marcy Midnight |
| Dec 1 – 3* | Anatomy & Physiology | Drs. Jen Dorn, Celeste Bolin |
| Dec 9 - 15 | Mexico Retreat | Marisa Weppner |
| 2018 | | |
| Jan 5 – 7* | The 8-Fold Path | Naomi Jones |
| Jan 19 – 21* | Yoga as a Life Path | Marisa Weppner |
| Feb 9 – 11* | Empowerment: Find Your Voice | Marcy Midnight |
| Feb 23 - 25 | Kundalini, Kriya Yoga and the Chakras | Eric Wallace |
| March 2 – 4* | Hands on Yoga | Marisa Weppner |
| March 9 - 11 | Yoga + Social Justice | Dr. Michael Sapiro |
| March 23 - 25 | Yogafort | Marisa Weppner, Dr. Celeste Bolin |
| April 13 - 15 | Intermediate + Advanced Ashtanga Inspired Asana | Tim and Olga Laporte |
| April 27 - 29 | Yoga Psychology + Nonduality | Marisa Weppner, Dr. Michael Sapiro |
| May 11 - 13 | Yin Yoga Training | Marisa Weppner, Naomi Jones, Paul Graham |
| May 18 - 20 | Restorative Yoga Training | Naomi Jones, Michaelyn Muggli, Dr. Celeste Bolin |
| June 15 - 17 | Advanced Vinyasa: Living in the Flow | Marcy Midnight |
| Aug 24- 26 | Ayurveda: Yoga Sister Science | Paul Graham |
| 2018 200 HR YTT BEGINS – Modules TDB | | |
| Sept 21 – 23 | Tantra Yoga | Marisa Weppner, Eric Wallace |
| Sep 27 – Oct 1 | Fall Retreat, Utah | Marisa Weppner |
| Oct 19 – 21 | Yoga for Trauma & Special Populations | Dr. Michael Sapiro |
| Nov 2 – 4* | Meditation for Life | Dana Menlove |
| Nov 2018 | Thailand - Meditation & Yoga Retreat | Marisa Weppner, Dr. Michael Sapiro |
| Nov 30 – Dec 2 | The Chakras | Eric Wallace |
| NEW! - 16 Day 200 HR TT International Immersion in Hawaii | | |
| Jan 2019 | Yin, Restorative and Yoga Nidra | Marisa Weppner, Naomi Jones, Cynthia Alleman, Michaelyn Muggli |

Schedule is subject to change.

Unless otherwise specified, all modules are at Sage Yoga & Wellness in Downtown, Boise.

For details and to register: sageyogaboise.com

Questions: info@sageyogaboise.com